

# GRATITUDE JOURNAL

*by Boho Flow.*



# GRATITUDE JOURNAL

DAILY JOURNAL

DATE

S M T W T F S

TAKE A MOMENT EACH DAY TO  
REFLECT ON THE THINGS YOU'RE  
THANKFUL FOR

TODAY I'M GRATEFUL FOR

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3

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THINGS THAT MADE ME SMILE TODAY



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SOMETHING THAT  
INSPIRED ME TODAY

PEOPLE I'M GRATEFUL  
TO HAVE IN MY LIFE

*Daily Affirmation*

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NOTES & FREE THOUGHTS





“GRATITUDE  
TURNS WHAT  
WE HAVE INTO  
ENOUGH.”

-MELODY BEATTIE

Gratitude Journal

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